



April 2022

## CALENDAR

**03/29 - 04/22**

**AASA TEST**

3rd - 6th Grades  
Arrive to school on time

**04/15 - 04/18**

**No School**

April Break

**04/29/22**

**EARLY**

**RELEASE**

**12:00 P.M.**

Staff In-Service

## Health Office News

Spring is Here and so is Allergy Season!

-Symptoms of allergies: sneezing, nasal congestion, runny nose, itchy, watery eyes, mouth or throat itchiness, wheezing, coughing difficulty breathing or chest tightness.

-Suggestions to prevent allergies: keep children indoors, keep windows in the car and home closed. Check pollen levels through local weather service, use humidifier, use neti pot instead of decongestant, feed child spicy food to open nasal passage, use cold compress to relieve nasal pressure or itchy eyes. Gargle with salt water to relieve a sore throat. Vacuum regularly.

## STUDENT MEALS

Burke Basic School offers FREE IN-Class breakfast for all of our students. Also, our cafeteria serves hot lunches free of charge. If you wish to send your own lunch please remember to send your students with their lunches in the morning. This eliminates unnecessary classroom interruptions.



## APRIL CHARACTER TRAIT

### Habit 3 - Review

**Put First Things First: Work First, Then Play**

I spend my time on things that are most important.

I say no to things I know I should not do.

I set priorities, make a schedule, and follow my plan.

I am self-disciplined and organized.

## AASA TESTING

Burke students from **3rd - 6th** grades will be taking the AASA (Arizona Academic Standards Assessment) Test throughout the month of April. We cannot stress enough how important it is to be here everyday and on time for testing. Teachers will begin testing right away in the morning when students are most attentive. **Late students WILL NOT be able to enter the classroom once testing has begun.** They will have to wait until the next session begins before they can join the classroom.

**Additionally, if students are removed from class for appointments, etc. while in the middle of a testing session, they cannot finish that portion of the test and their score will reflect only the portion that they completed. We ask, if at all possible, for parents to not pull their students out of class during testing days.**

## Tips for AASA Testing

- Make sure your child goes to bed early and gets plenty of rest.
- Try to provide your child with a HIGH protein breakfast.
- ARRIVE TO SCHOOL ON TIME!
- Schedule doctor appointments/visits for your child after AASA has ended.
- Encourage your child to do their BEST when test taking.

