



October 2020 NSLP/SSO Breakfast Menu



K-8 Students Receive 1c Fruit Daily
9-12 Students Receive 1c Fruit Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28-Sep	29-Sep	30-Sep	1-Oct	2
*Mini Wheats Cereal Raisins 100% Orange Juice	*Mixed Berry Parfait w/Granola 100% Fruit Punch	*Strawberry Pancakes Sliced Apples 100% Orange-Pineapple Juice	*Oatmeal Bar Applesauce 100% Apple-Cherry Juice	*Golden Graham Bar Craisins 100% Apple Juice
5	6	7	8	9
*Fruity Cheerios Cereal String Cheese Stick (9-12 only) Gala Apple 100% Orange Juice	*Carrot Bun Applesauce 100% Fruit Punch	*Cinnamon Roll Sliced Apple 100% Orange-Pineapple Juice	*Banana Super Slice Loaf Fresh Pear 100% Apple-Cherry Juice	*Cocoa Puff Cereal Bar w/String Cheese Applesauce 100% Apple Juice
12	13	14	15	16
*Cinnamon Toast Crunch Cereal Green Apple 100% Orange Juice	*French Toast Bar Fresh Pear 100% Fruit Punch	*Blueberry Waffle Applesauce 100% Orange-Pineapple Juice	*Chocolate Mini Donuts Sliced Apples 100% Apple-Cherry Juice	*Very Strawberry Parfait w/Granola 100% Apple Juice
19	20	21	22	23
*Lucky Charms Cereal Applesauce 100% Orange Juice	*Cinnamon Pop Tart Apple Chips 100% Fruit Punch	*Pancake Bowl w/Strawberry 100% Orange-Pineapple Juice	*Zucchini Super Slice Loaf Fresh Pear 100% Apple-Cherry Juice	*Cinnamon Toast Crunch Filled Bar Craisins 100% Apple Juice
26	27	28	29	30
*Trix Cereal Applesauce 100% Orange Juice	*Blueberry Muffin Raisins 100% Fruit Punch	*Glazed French Toast Sliced Apples 100% Orange-Pineapple Juice	*Mini Bagels w/Strawberry Cream Cheese Applesauce 100% Apple-Cherry Juice	*Fruity Cherrios Cereal Bar w/String Cheese Fresh Pear 100% Apple Juice

This institution is an equal opportunity provider*

1% white or fat free chocolate milk with each meal

Menu subject to change due to product availability



Did you know that it takes more than 4 tons of grapes to produce 1 ton of raisins?!

