



# December Breakfast Menu 2019

## Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Frudel 100% Fruit Juice Whole Apple	3 Lowfat Yogurt Cheez Its Fresh Apple Whole Orange	4 Cocoa Puffs Bar Mozzarella String Cheese Fresh Orange Whole Apple	5 Blueberry Muffin Multigrain Frosted Flakes Cereal Applesauce Cup Whole Orange	6 Mini Pancakes 100% Fruit Juice Whole Apple  Choice of Milk
9 Cinnamon Toast Crunch Cereal Apple Nutrigrain Bar Whole Apple  Choice of Milk	10 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Whole Orange  Choice of Milk	11 Fruity Cheerios Cereal Vanilla Goldfish Crackers Whole Apple  Choice of Milk	12 Honeybun Applesauce Cup Whole Orange  Choice of Milk	13 Mini Waffles 100% Fruit Juice Whole Apple  Choice of Milk
16 Cini Mini 100% Fruit Juice Whole Apple  Choice of Milk	17 Lowfat Yogurt Cheez Its Whole Orange  Choice of Milk	18 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Whole Apple Choice of Milk	19 Banana Muffin Golden Grahams Cereal Whole Orange  Choice of Milk	20 Half Day  Mini Pancakes 100% Fruit Juice Whole Apple  Choice of Milk
23 Winter Break No School	24 Winter Break No School	25 Winter Break No School	26 Winter Break No School	27 Winter Break No School
30 Winter Break No School	31 Winter Break No School			

Drinking Water is made available to youth at all times at drinking fountains located in this facility  
 \*\*Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.  
 \*\*\*All meals are served with 1% White Milk or Skim Chocolate Milk  
 This Institution is an equal opportunity provider