

## **November Lunch Menu 2019**

## **Burke Basic School**



Monday	Tuesday	Wednesday	Thursday	Friday
			*	1
				Pepperoni or Cheese Pizza
				Mixed Dark Green Salad w/Cucumbers
				Fresh Apple Wedges
				FF Ranch
				Choice of Milk
4	5	6		7 8
Chicken Corn Dog	Chicken Sandwich w/Bun	Beef & Rice Burrito	Cheeseburger w/Bun	Pepperoni or Cheese Pizza
Three Bean Chili	Baby Carrots	Sweet Corn	Seasoned Green Beans	Mixed Dark Green Salad w/Cucumbers
Applesauce	Diced Peaches	Fresh Pear	Fresh Apple Wedges	Fresh Orange Wedges
Ketchup & Mustard		Taco Sauce	Ketchup & Mustard	FF Ranch
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
11	12	13	1	4 15
	Chicken & Rice Taco Tuesday	Chicken Alfredo Pasta	Hot Turkey & Cheese Sandwich	Pepperoni or Cheese Pizza
Veterans Day	Refried Beans	Fresh Sliced Cucumbers	Baby Carrots	Mixed Dark Green Salad w/Cucumbers
No School	Fresh Cantaloupe	100% Fruit Juice	Fresh Orange Wedges	Fresh Apple Wedges
	Lettuce & Cheese/Taco Sauce			FF Ranch
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
18	19	20	2	1 22
Roasted Turkey & Gravy	Kickin' Chicken Drumstick	Pepperoni or Cheese Pizza	Chicken Sandwich w/Bun	
Mashed Potatoes	Fresh Celery Sticks	Mixed Dark Green Salad w/Cucumbers	BBQ Baked Beans	Half Day
Diced Peaches	Fresh Apple Wedges	100% Fruit Juice	100% Fruit Juice	No Lunch
Dinner Roll	Dinner Roll	FF Ranch	Ketchup	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
25	26	27	2	8 29
Chicken Nuggets w/Dinner Roll	Spaghetti w/Meat Sauce			
Sweet Corn	Baby Carrots	Thanksgiving	Thanksgiving	Thanksgiving
Applesauce	Fresh Pear	No School	No School	No School
Ketchup				
Choice of Milk	Choice of Milk			

Drinking Water is made available to youth at all times at drinking fountains located in this facility \*Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.

\*\*\*All meals are served with 1% White Milk or Skim Chocolate Milk

This Institution is an equal opportunity provider