



September Lunch Menu 2019

Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Holiday No School	3 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Watermelon Choice of Milk	4 Orange Chicken w/Rice Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	5 Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Ketchup Choice of Milk	6 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
9 Chicken Corn Dog Three Bean Chili Applesauce Ketchup & Mustard Choice of Milk	10 Cheese Nachos Tortilla Chips Baby Carrots 100% Orange Juice Choice of Milk	11 Beef & Cheese Burrito Sweet Corn Fresh Watermelon Taco Sauce Choice of Milk	12 Hot Ham & Cheese Sandwich Seasoned Green Beans Fresh Apple Wedges Choice of Milk	13 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Orange Wedges FF Ranch Choice of Milk
16 Popcorn Chicken Mashed Potatoes Diced Peaches Choice of Milk	17 Chicken & Rice Taco Tuesday Baby Carrots Fresh Cantaloupe Lettuce & Cheese/Taco Sauce Choice of Milk	18 Chicken Alfredo Pasta Fresh Sliced Cucumbers 100% Fruit Juice Choice of Milk	19 Cheeseburger w/Bun Baby Carrots Fresh Watermelon Ketchup & Mustard Choice of Milk	20 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
23 Chicken Sandwich w/Bun BBQ Baked Beans Fruit Cocktail Choice of Milk	24 Kickin' Chicken Drumstick Sweet Corn Fresh Cantaloupe Wedge Dinner Roll Choice of Milk	25 Homemade Macaroni & Cheese Baby Carrots Fresh Watermelon Dinner Roll Choice of Milk	26 Rotini Pasta w/Meatsauce Fresh Celery Sticks 100% Fruit Juice Choice of Milk	27 Half Day No Lunch
30 Chicken Nuggets w/Dinner Roll Sweet Corn Fruit Cocktail Ketchup Choice of Milk				

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 *Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider