



September Breakfast Menu 2019

Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Holiday No School	3 Cini Mini Fresh Apple Whole Orange Choice of Milk	4 Trix Cereal Elf Graham Crackers Fresh Orange Whole Apple Choice of Milk	5 Honeybun Applesauce Cup Whole Orange Choice of Milk	6 Mini Waffles Diced Pear Cup Whole Apple Choice of Milk
9 Cini Mini Fruit Cocktail Cup Whole Apple Choice of Milk	10 Lowfat Yogurt Cheez Its Fresh Apple Whole Orange Choice of Milk	11 Cocoa Puffs Bar Fresh Orange Whole Apple Choice of Milk	12 Apple Muffin Lucky Charms Cereal Applesauce Cup Whole Orange Choice of Milk	13 Mini Pancakes Diced Peach Cup Whole Apple Taco Sauce Choice of Milk
16 Cinnamon Toast Crunch Cereal Apple Nutrigrain Bar Diced Pear Cup Whole Apple Choice of Milk	17 Cini Mini Fresh Apple Whole Orange Choice of Milk	18 Fruity Cheerios Cereal Vanilla Goldfish Crackers Fresh Orange Whole Apple Choice of Milk	19 Honeybun Applesauce Cup Whole Orange Choice of Milk	20 Mini Waffles Fruit Cocktail Cup Whole Apple Choice of Milk
23 Cini Mini Diced Peach Cup Whole Apple Choice of Milk	24 Lowfat Yogurt Cheez Its Fresh Apple Whole Orange Choice of Milk	25 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Whole Apple Choice of Milk	26 Harvest Muffin Multigrain Frosted Flakes Cereal Applesauce Cup Whole Orange Choice of Milk	27 Mini Pancakes Diced Pear Cup Whole Apple Choice of Milk
30 Cinnamon Toast Crunch Cereal Apple Nutrigrain Bar Fruit Cocktail Cup Whole Apple Choice of Milk				

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider