

August Breakfast Menu 2019

Burke Basic School



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Monday	Tuesday		Wednesday	Thursday		Friday		
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	5 First Day of School	6	7		8		9	
	Honey Bun		Trix Cereal	Apple Nutrigrain Bar		Mini Pancakes		
	Fresh Apple		Elf Graham Crackers	Trix Cereal		100% Fruit Juice		
	100% Fruit Juice		Fresh Orange	Applesauce Cup		Diced Pear Cup		
			100% Fruit Juice	100% Fruit Juice				
	Choice of Milk		Choice of Milk	Choice of Milk		Choice of Milk		
1	12	13	14		15		16	
Cini Mini	Lowfat Yogurt		Cinnamon Toast Crunch Cereal	Apple Muffin		Mini Waffles		
100% Fruit Juice	Cheez Its		Mozzarella String Cheese	Lucky Charms Cereal		100% Fruit Juice		
Fruit Cocktail Cup	Fresh Apple		Fresh Orange	Applesauce Cup		Diced Peach Cup		
	100% Fruit Juice		100% Fruit Juice	100% Fruit Juice				
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk		Choice of Milk		
1	19	20	21		22		23	
Cocoa Puffs Cereal	Honey Bun		Fruity Cheerios Cereal	Blueberry Muffin		Mini Waffles		
Cinnamon Toast Crunch Bar	Fresh Apple		Vanilla Goldfish Crackers	Lucky Charms Cereal		100% Fruit Juice		
100% Fruit Juice	100% Fruit Juice		Fresh Orange	Applesauce Cup		Fruit Cocktail Cup		
Diced Pear Cup			100% Fruit Juice	100% Fruit Juice				
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk		Choice of Milk		
2	26	27	28		29 H	lalf Day	30	
Cini Mini	Lowfat Yogurt		Cinnamon Toast Crunch Cereal	Harvest Muffin		Mini Pancakes		
100% Fruit Juice	Cheez Its		Mozzarella String Cheese	Trix Cereal		100% Fruit Juice		
Diced Peach Cup	Fresh Apple		Fresh Orange	Applesauce Cup		Diced Pear Cup		
	100% Fruit Juice		100% Fruit Juice	100% Fruit Juice				
Choice of Milk	Choice of Milk		Choice of Milk	Choice of Milk		Choice of Milk		

Drinking Water is made available to youth at all times at drinking fountains located in this facility

**Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.

***All meals are served with 1% White Milk or Skim Chocolate Milk This Institution is an equal opportunity provider