



January Breakfast Menu 2020

Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Winter Vacation	2 Winter Vacation	3 Winter Vacation
6 Cinnamon Toast Crunch Cereal Apple Nutrigrain Bar 100% Fruit Juice Whole Apple Choice of Milk	7 Apple Frudel Fresh Apple Whole Orange Choice of Milk	8 Fruity Cheerios Cereal Vanilla Goldfish Crackers Fresh Orange Whole Apple Choice of Milk	9 Cini Minis Applesauce Cup Whole Orange Choice of Milk	10 Mini Waffles 100% Fruit Juice Whole Apple Choice of Milk
13 Apple Frudel 100% Fruit Juice Whole Apple Choice of Milk	14 Lowfat Yogurt Cheez Its Fresh Apple Whole Orange Choice of Milk	15 Cocoa Puffs Bar Mozzarella String Cheese Fresh Orange Whole Apple Choice of Milk	16 Blueberry Muffin Multigrain Frosted Flakes Cereal Applesauce Cup Whole Orange Choice of Milk	17 Mini Pancakes 100% Fruit Juice Whole Apple Choice of Milk
20 No School	21 Cinnamon Toast Crunch Cereal Apple Nutrigrain Bar Fresh Apple Whole Orange Choice of Milk	22 Fruity Cheerios Cereal Vanilla Goldfish Crackers Fresh Orange Whole Apple Choice of Milk	23 Honeybun Applesauce Cup Whole Orange Choice of Milk	24 Mini Waffles 100% Fruit Juice Whole Apple Choice of Milk
27 Cini Mini 100% Fruit Juice Whole Apple Choice of Milk	28 Lowfat Yogurt Cheez Its Fresh Apple Whole Orange Choice of Milk	29 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Whole Apple Choice of Milk	30 Banana Muffin Golden Grahams Cereal Applesauce Cup Whole Orange Choice of Milk	31 Half Day Mini Pancakes 100% Fruit Juice Whole Apple Choice of Milk

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider