



November Breakfast Menu 2018

Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Banana Muffin Cinnamon Toast Crunch Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	2 Mini Pancake Fresh Banana 100% Fruit Juice Choice of Milk
5 Multigrain Frosted Flakes Cereal Apple Nutrigrain Bar Diced Peaches Cup 100% Fruit Juice Choice of Milk	6 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	7 Trix Cereal Elf Graham Crackers Fresh Orange Wedges 100% Fruit Juice Choice of Milk	8 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	9 Sausage & Cheese Muffin Fresh Banana 100% Fruit Juice Choice of Milk
12 Holiday No School	13 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	14 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	15 Chocolate Chip Muffin Lucky Charms Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	16 Sausage, Egg & Cheese Pocket Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
19 Cocoa Puffs Cereal Cinnamon Toast Crunch Cereal Bar Fruit Cocktail Cup 100% Fruit Juice Choice of Milk	20 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	21 Holiday No School	22 Holiday No School	23 Holiday No School
26 Cini Mini Diced Pear Cup 100% Fruit Juice Choice of Milk	27 Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	28 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	29 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	30 Half Day Breakfast Burrito Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider