



October Breakfast Menu 2018

Burke Basic School



Monday	Tuesday	Wednesday	Thursday	Friday
1 Cini Mini Diced Pear Cup 100% Fruit Juice Choice of Milk	2 Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	3 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	4 Banana Muffin Cinnamon Toast Crunch Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	5 Half Day Mini Pancake Fresh Banana 100% Fruit Juice Choice of Milk
8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School	12 Fall Break No School
15 Cini Mini Fruit Cocktail Cup 100% Fruit Juice Choice of Milk	16 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	17 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk	18 Applesauce Muffin Lucky Charms Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	19 Breakfast Burrito Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
22 Cocoa Puffs Cereal Cinnamon Toast Crunch Cereal Bar Fruit Cocktail Cup 100% Fruit Juice Choice of Milk	23 Mini Strawberry Bagel w/Cream Cheese Fresh Apple Wedges 100% Fruit Juice Choice of Milk	24 Fruity Cheerios Cereal Cheez Its Fresh Orange Wedges 100% Fruit Juice Choice of Milk	25 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	26 Half Day Egg & Cheese Pocket Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
29 Cini Mini Diced Pear Cup 100% Fruit Juice Choice of Milk	30 Lowfat Yogurt Trix Cereal Bar Fresh Apple Wedges 100% Fruit Juice Choice of Milk	31 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange Wedges 100% Fruit Juice Choice of Milk		

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 **Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider



October Lunch Menu 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Strips Sweet Corn Applesauce Ketchup Choice of Milk	2 Beef Hot Dog w/ Bun Seasoned Green Beans 100% Fruit Juice Ketchup & Mustard Choice of Milk	3 Chicken Alfredo w/Pasta Baby Carrots Fresh Watermelon Choice of Milk	4 Chicken & Cheese Burrito Refried Beans Fresh Banana Salsa Choice of Milk	5 Half Day No Lunch
8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School	12 Fall Break No School
15 Chicken Corn Dog Three Bean Chili Diced Pears Ketchup & Mustard Choice of Milk	6 Maple French Toast Sticks Baby Carrots Fresh Orange Wedges Choice of Milk	17 Cheese Nachos Tortilla Chips Fresh Celery Sticks Fresh Watermelon Choice of Milk	18 Meatball Sub w/Bun Seasoned Green Beans Fresh Banana Choice of Milk	19 Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
22 Roasted Chicken & Gravy Mashed Potatoes Diced Peaches Dinner Roll Choice of Milk	23 Macaroni & Cheese Baby Carrots Fresh Cantaloupe Wedge Choice of Milk	24 Pepperoni Pizza Sticks Fresh Sliced Cucumbers 100% Fruit Juice Marinara Sauce Choice of Milk	25 Cheeseburger w/Bun Ranch Beans Fresh Watermelon Ketchup & Mustard Choice of Milk	26 Half Day No Lunch
29 Kickin' Chicken Drumstick Sweet Corn Applesauce Dinner Roll Choice of Milk	30 Chicken & Rice Taco Tuesday Lettuce/Cheese/Celery Sticks Fresh Banana Salsa Choice of Milk	31 Sloppy Joe w/Bun Baby Carrots Fresh Orange Wedges Choice of Milk		

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